

## Equine Senior Exam

### Age is not a disease:

Recently we sent a Newsletter describing Cushings , Insulin Resistance, and Hypothyroidism in horses. All three of these problems have a higher prevalence in our older horses. We recommend a full **geriatric “senior” exam**. This examination would include testing for all three of these endocrinopathies as well as a basic physical and equine panel.

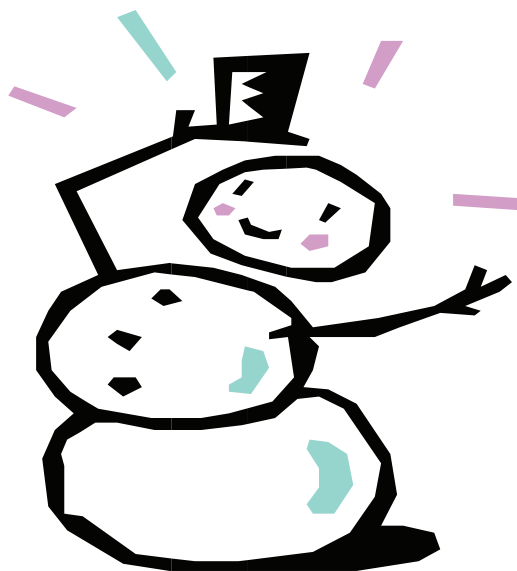
To help ring in the 2008 New Year, we are offering a special on this senior examination. For the duration of the month of January you may have your horse tested for all three of these common geriatric syndromes for \$290.

Even better, we are **waiving the ranch call** when a geriatric examination is scheduled.

### Winter Pointers

Winter is upon us and with it comes a

few different horse concerns. Thrush is a major issue during the winter months due to the increased moisture in the air and ground. There isn't quite as much snow as some other states, but there is more rain and more Marine Layer. Keep an eye on



your horse's feet. Pick them out often and attempt to keep bedding dry.

Also, horses tend to not drink as much in the winter months. When they consume less water they are more prone to colic episodes. Horses will drink the most when the water is 60 degrees F. Add salt to the diet Keep your horse moving. When in doubt, give us a call and we are always happy to help!

### Happy Riding!

Your Equine family at  
El Cajon Valley Veterinary Hospital:  
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and Kristin Burke.

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*Happy Holidays*



*From Our Herd to Yours,  
Equine Department  
El Cajon Valley Veterinary Hospital*

